



B.O.K. BRIEFING

S E P T E M B E R 1 9 9 4

Western Day 94

Over 300 people attended the 1994 Western Day event. Approximately \$9000 was raised for support of the B.O.K. Ranch. The Silent Auction raised \$2500 for the scholarship program. We also wish to thank the Derby Club at Bay Meadows, Tim of Canyon Inn, the NFL Alumni Association, Hope Lutheran Church, the "Hay Fever" Western Band, "Jimbo" the clown, St. Mathias Church, San Carlos - Eaton Hills 4-H, Steve Ondry and White Oak Press

Children and adults alike were entertained by Jimbo the Clown, carnival games and the Redwood City Fire Department's fire engine which was available for exploring and climbing. The SanCarlos 4-H club demonstrated sheep shearing and discussed many of the other projects that it sponsors.

Thanks to a friendly word from Dale of the "Hayfever" band - (Great Music) - KSAN.

Canyon Inn once again provided a hearty lunch of hamburgers with all the fixen's.

Students from beginner to advanced guided the ponies through a series of complex maneuvers. Students trotted over ground poles and trail obstacles. Other demonstrations included the student's ability to steer, walk, balance and halt - each action performed with precision and control. At the end of the exhibition, there was no mistaking the smiles that come with accomplishment.

We extend our thanks to all of those who attended and gave their support to this very successful event.



PHOTOS BY VALRIE MASSEY

Contribute To B.O.K. Ranch Through United Way's Donor Option Plan

B.O.K. Ranch is now entering its tenth year of bringing therapy on horseback to individuals with physical and developmental disabilities. Our program is continuing to grow.

This year you can again support B.O.K. Ranch directly or by pledging through the United Way. During the annual United Way drive, you can simply ask for the Donor Option Plan form and fill it out.

B.O.K. Ranch is proud to be a part of the United Way's Donor Option Plan again this year. It is recognition of the important work being done at this special place. B.O.K.

Ranch comes within the United Way's eligibility criteria: an agency that provides health or human care services.

Your tax deductible contributions can be made by sending a check to B.O.K. Ranch, 1815 Cordilleras Road, Redwood City, CA 94062, or through the United Way. If you do not receive an acknowledgment from us, or if you have any questions about donations or the B.O.K. Ranch program, please call Ann Kulchin at (415) 366-2BOK.

It is with the help of friends like you that we are able to continue to grow and succeed. Again we are grateful for your support!

B.O.K. BRIEFING

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Address letters, suggestions, articles, and inquiries to B.O.K. Ranch at the address above.

B.O.K. Students Compete at the All Seasons Horse Show June 11th

by Carol Crowther

At 6:30 AM, June eleventh, two dedicated teen volunteers helped me load 2 spotless, squeaky clean ponies and all the equipment needed for a horse show. It was the ASRA horse show in Sunol - a riding program for people with disabilities.

The students who competed were; Celeste, Shannon, Kyle, Ray, Nathan C, Cassie, Samantha, Manny and Allison. All the students rode exceptionally well and received at least two ribbons apiece. The B.O.K. volunteers who helped through the day were Jamie, Lindsay, Vivian R., and Fred. Thank you volunteers!

Also a big thank you to all the parents who followed through and put out the extra effort in costume making, transportation and cheering for B.O.K.!

WESTERN DAY

PHOTOS BY VALRIE MASSEY



Farewell and Thank You Justine

Justine Felahi has resigned from her position as volunteer coordinator. She has moved to the east coast. Justine had been instrumental in assuring the program had the required number of volunteers for its sessions and demonstrations and in finding new sources of volunteer help. Justine's energy and motivation will be missed. We send our many thanks and best wishes. — *We are Looking for a Volunteer Coordinator!!*

Kainos 25 Years of Service

Kainos, the distributor of the B.O.K. Newsletter, is celebrating its 25th year of service to the community. For those of you who do not know Kainos, it is a non-profit organization located in Redwood City which provides a number of services for developmentally disabled adults. Happy Birthday, Kainos.

Calendar of Events

Advisory Board Meeting

October 5, 1994

Derby Club Lunch & Wine Tasting

Sponsored by J. Lohr Winery

October 29, 1994

Advisory Board Meeting

November 2, 1994

Derby Club Night at the Races

Fundraiser for B.O.K. Ranch

November 18, 1994

Advisory Board Meeting

December 7, 1994

Derby Club Lunch at the Races

December 17, 1994

Derby Club Night at the Races

January 6, 1995

Derby Club Lunch at the Races

January 14, 1995

Become a Member of the Derby Club

The Derby Club is accepting membership applications. This is a great organization that provides the excitement of the races while supporting the B.O.K. Ranch and Kaino's. Derby Club Membership is \$50 with Family Memberships costing \$80. As a Derby Club member you will receive passes to the Turf Club and a Membership Card that will entitle you to several discounts at Bay Meadows during the season. Call 595-0707 for more information or applications.

A special thank you to:

NFL Alumni for their generous donation of \$500.

A 4-H'er's View

by Rebecca Day

My name is Rebecca Day and I am a volunteer at B.O.K. Ranch. I am also the secretary of the San Carlos Eaton Hills 4-H Club. I began working at B.O.K. in June of 1993 after learning that it had been approved as a 4-H project. The project interested me because I love working with horses and B.O.K. was my chance to do that.

As a few of you may already know, Carol Crowther, our B.O.K. instructor, is now a 4-H leader. That makes B.O.K. an official 4-H project. Carol watched the video, studied hard and passed the exam! This allowed me to enter my 4-H record book, with my focus on B.O.K., in County and the Regional competition.

In addition, I count my volunteer hours at B.O.K. for school where 100 hours of community service are required to graduate.

If you're interested in 4-H and would like to join or would just like to know more, call me at (415) 361-1574. And be sure to congratulate Carol when you see her!

B.O.K.'s Ongoing Wish List

Horse supplies:

Repelex fly spray, Source vitamins, Rain Maker hoof oil, Paste wormer.

Funds:

Contributions for the Beverly Aiello Scholarship Fund

Printing costs for brochures, newsletter, and stationery

Horse boarding sponsorship for 1995

Someone to make cavalettis (**)

Human resources:

Grant writer

Miscellaneous items:

Office supplies (fax and photocopy paper, etc.)

Stop and Go road sign

Donations

Many thanks to the following for their generous donations: *(partial list)*

LUCILLE CRAWFORD
MR. AND MRS. ROBERT MELVIN
GLORIA M. DEUKMEJIAN
MR. AND MRS. ROBERT HUGHES
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CAROLY SCHULTZ
PAMELA BOYLE
HENRY FRIEDMAN
ELIZABETH ALEXANDER



PHOTOS BY VALERIE MASSEY

Volunteers of the Year

Amy Jenks

Brooke Fox

Zeke is "13".

Zeke Becomes a Teenager

An Open Letter From Zeke

After a morning at the Los Altos Pet Parade with my buddy PJ., I was delighted to see such a gathering celebrating my thirteenth birthday. Thank you students for my presents. I loved the carrots, apples and fly spray and I shared them with PJ. and Shale. I hope everyone had fun playing games and eating my birthday carrot cake.

Thanks again for the party!

Zeke