

The B.O.K. Briefing

Volume 1 Issue 2

May 1995

Western Day 95 Comin' Round the Bend

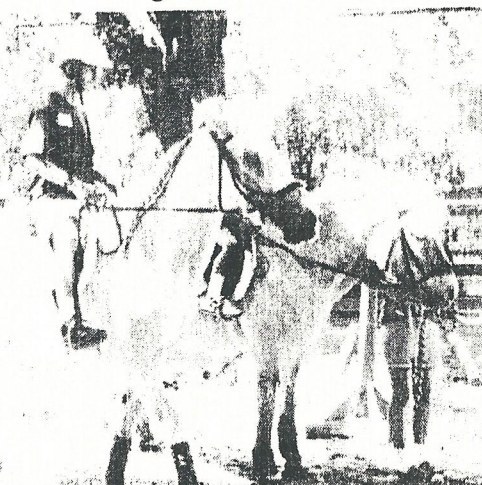
Well 'partners', it's about that time of year to come on down and have some fun with the B.O.K. crew at the annual Western Day celebration. Mark your calendars for Sunday, June



25. As usual, there will be plenty to do and see. This is your chance to participate in B.O.K.'s largest event of the year and to get the B.O.K. started off with a bang in 1995! We are very proud to have as our special guest of honor, **Mr. R. C. Owens** a former 49er. Jerry Mertens and other NFL Alumni will also be present. They have long been supporters of the B.O.K. and are pleased that they will be able to make a personal appearance. This is also a time where we can thank our volunteers and many for all the hard work they put into the B.O.K.'s programs.

Expect to see:

- Riding Demonstrations
- Dale Pryor and the Hayfever Band ("We fork up bales of hot country music")
- Dancing



- Catering by Canyon Inn
- The Silent Auction
- Volunteer awards
- Volunteer team picture and...
- Children's games, Clown

This is also the opportunity to participate in The Great Caveletti Building Contest.

This is event not only helps fund the B.O.K. Ranch, it provides the students an opportunity to show what they've accomplished over past 12 months. Come and see what the B.O.K. is all

about! To attend or if you would like to help with this event please call the B.O.K.'s main number: (415) 366-2265. SEE YOU THERE!

Announcing an Event to Benefit B.O.K. Ranch

SPI teams up with BOK Ranch to put on a workshop on May 7 from 2 PM to 4 PM. This workshop will take place at the field behind the Los Altos School district office on 201 Covindton Road in Los Altos. The Self protection Initiative Inc. (SPI) is an organization lead by Johnny Burrell who teaches a new and effective approach...to protecting yourself against assault. The workshop covers prevention, escape, and protection strategies, answers. *(Continued on page 2)*

Calendar of Events

Advisory Board Meeting*	Tue, May 2
Self Defense	May 7
ASRA Horse Show	Sat., June 3
Advisory Board Meeting*	Tue, June 6
Board of Director's	Sat., June 24
Annual Meeting	(1:00 P.M.)
Tenth Anniversary	
Western Day	Sun, June 25
Advisory Board Meeting*	Tue, July 10
Advisory Board Meeting*	The, Aug. 1
	*7:00 P.M.

B.O.K. BRIEFING

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Address letters, suggestions, articles, and inquiries to B.O.K. Ranch at the address above.

SPI (from Page 1)

often-asked questions, and has a take home pamphlet.

This is an outdoor activity. Bleacher seats are available. Bring your own lawn chair or cushion. There is plenty of parking, and refreshments may be served.

Reservations are not necessary; if you are interested in attending all you need is \$29. Out of that fee, ten dollars goes to support the BOK Ranch student scholarships.

This event makes a great Mother's day gift, is informative, and will be a fun social event the friends of BOK Ranch. Many thanks to Barbara Stambaugh for initiating and organizing this

special event. I hope we have a great turn out!!

Report on the First Spring Session 1995

Despite nearly 3 weeks of rainout days, the program is off to a fantastic start. On February 26 we had a volunteer potluck dinner at Hidden Villa's youth Hostel. About 30 volunteers showed up for the great food and good company. Dr. Klein, a very knowledgeable chiropractor gave a talk about safely.

Our volunteer training on the first Saturday in March was a terrific success. Thank-you to Dave Burnel for bringing his horse. This session we have 20 new and 15 returning volunteers. The student total is 44. Everyone, including PJ, is getting into the swing of things and the program is running smoothly.

The next session will be on May 6 and continue for 7 weeks ending on June 24. The session starts on a Saturday because on June 3 the students will participate in the All Seasons Riding Academy horse show. The session

ends with western days on June 25. This year the students will prepare an extra special demonstration for our tenth year anniversary. See you all there!

Donations

Many thanks to the following for their generous donations:

Ruth Langwill

Linda Harvey

Paula Guido

Tony Mc Carthy

Harold Bloodsworth

Jane Pharr

Ann Coppenbarger

Steve and Sharon Ondry

Rockwell Chiropractic

Optimist Club of Redwood City

Mae and Barry Simmons

A special thank you to the Derby Club, for their generous donation of \$3,150.

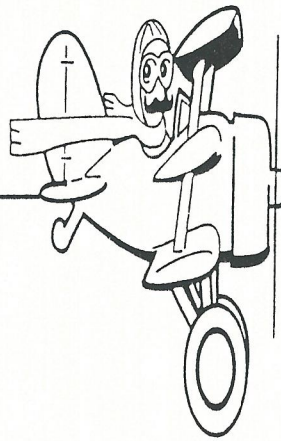
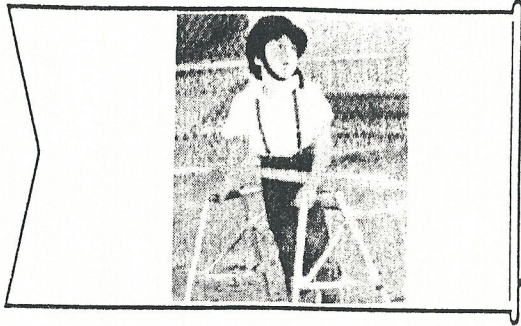
Announcement

Tom Matola, one of the B.O.K. adult students, has overcome the effects of a severe stroke to earn a Doctorate Degree. Tom said if he could learn to ride a horse to do anything! Congradulations and keep up the good work Tom!

Kids Corner

I like Shale because Shale is nice! She doesn't eat grass, while I ride her. Shale likes me. She listens when I tell her to "Walk on." She trots when I tell her to "Trot, trot." Shale is my friend.

George Mori



Anthony, Chris and family are looking forward to seeing you at Western Day

Greetings from Chris & Anthony

My younger brother Anthony had the privilege of being able to ride at the B.O.K. Ranch for six years. Anthony has cerebral palsy and it effected his balance; therefore, he can not walk by himself without the help of a person or a stationary object. Of course the opportunity for Anthony to use the ponies legs for walking was an unbelievable thought. My parents took Anthony and I every week once a week and I watched as I saw my brother do something that I could never imagine. Once in a while too I would get to ride one of the ponies. We went to every event and every party that BOK had. Anthony was five years old when he started and I was six or seven. So of course when we moved in 1993 this had a great effect on both Anthony and I. In the winter of 1993 we moved to a beautiful house with five acres in Placerville. That was also the year that we both received our first horse. We got a 22 year old Appaloosa who hadn't been ridden in seven years. We thought the first step was to get lessons for one of us, so I took lessons to learn the basics of riding and a little bit of training. I learned to ride the Appaloosa mare we bought and with a little help I got her up to a level where

Anthony would be able to ride her. Then I ran into a problem Anthony took control of this horse, and I had no mount. So we took our time and bought a six year old quarter-thoroughbred mare and immediately put both her and I in schooling. Anthony and I ride often together and have grouped up with a few people to ride often together and have grouped up with a few people to tried the trails near our house. The only problem that both of us have is the fact that Anthony is a total western rider (with cowboy hat and all) and I have taken a great interest in English riding and I'm starting to get into the sport of show jumping.

I would have never imagined that we would have this problem a few years ago. Anthony, Sheana (his horse) Irish (my horse) and I spend all our time together, and learn a lot from each other. I am completely honest when I say BOK inspired us 100%. From time to time we reflect on the time spent at BOK ranch. We share our memories with friends and always talk highly about the times we had there.

I am now 16 years old and Anthony is 14. I am currently training at Annie's Stables in Placerville, to enhance my riding skills. Anthony however is still being a show off for everyone, but we have a good time

together. We always thank our parents for allowing us to have that opportunity, at BOK and we would like to take the time to thank BOK's owners and volunteers past and present for keeping it going and giving others the same wonderful opportunity that we had.

With very fond memories,

Christopher and Anthony Mack

B.O.K.'s Ongoing Wish List

If interested in helping please call the B.O.K. Ranch at (415) 366-2265 or fill out the form on the back of this newsletter.

Horse supplies:

If you can help with Rainbow Reins (apx. \$27.00); New Stirrup leathers (apx. \$25.00); The Blok jump standards (apx. \$43.00/pair).

Also needed is new pipe coral fencing or a helping hand for installation.

We can always use Repelex fly spray, Equine Sr., Rain Maker hoof oil, Paste wormer.

Funds:

Contributions for the Beverly Aiello Scholarship Fund
Printing costs for brochures, newsletter, and stationery
Horse boarding sponsorship for 1995

Human resources:

Grant writer

Miscellaneous items:

Office supplies (fax and photocopy paper, etc.)
Stop and Go road sign

"Here is a check for B.O.K. - they do such a wonderful job, it's a privilege to give a bit of support"...Mae Simmons