



B.O.K. Briefing

October 1995

Volume 10 Issue 3

10th Annual Western Day at B.O.K. Ranch

A Record Breaking Year!!! The thermometer read 101 degrees on June 25 as over 400 people gathered to celebrate 10 years of Therapeutic Riding Lessons at B.O.K. Ranch. This Western day was the most successful ever, grossing \$12,000!!!

Western Day took place at the beautiful home of Ann and Lary Kulchin, the founders of B.O.K. Ranch. Thank you Ann and Lary for once again providing the perfect place for Western Day. Where were you when the photo was taken?

There are many people to thank for making this a record breaking year. Dale Pryor and the Hay Fever Band provided the music for everyone to "get down". Jimbo the Clown entertained the kids of all ages. Tim Harrison of the Canyon Inn put on a great BBQ. The Hope Lutheran Church donated tables and chairs for the 10th

year. Pacific Printing helped with our invitations. Valrie Massey took excellent photographs. The San Carlos Easton Hills 4-H Club demonstrated their projects including guide dogs. Newfoundland club members donated time and shared their dogs with the kids.

A special thanks to the NFL Alumni association; Jerry Mertens, Ed Rutkoski, Paul Carmichael, John Murphy and guest of honor, former 49er R.C. Owens who gave a speech to everyone about being a winner and not giving up. Thanks to the NFL Alumni for the generous donation of the Joe Montana autographed football and jersey for the silent auction, and the \$500 donation.

This year the silent auction made \$3,200. This is the best ever! The money goes towards the scholarship fund, enabling all students, regard-

less of financial ability, to benefit from therapeutic riding.

Thanks to all who donated to the silent auction. It would be impossible to name all the parents, volunteers and friends of B.O.K. Ranch who made this event possible. Thank you to all who put this event together. We hope to see you next year.

Carol Crowther



1994 Volunteer of the Year Brooke Fox



Western Day 1995 Group Photo (8 by 10) available from B.O.K. Ranch for \$5. Call 415 366 2265.

Calendar of Events

September 9th 1st Fall Session begins!

October 5th 1st Fall Session Ends.

October 3rd 7:00pm B.O.K. Advisory Board Meeting at the B.O.K. office, Redwood City.

October 14th 2nd Fall Session begins.

November 18th 2nd Fall Session ends.

Second Spring and Summer Session Reports

by Carol Crowther

How time has galloped by....

Our May /June session was quite eventful. The student total was 38 with 11 students participating in the All Seasons Riding Academy horseshow on June 3rd. Congratulations to Rachel, Nathan, Shannon, Ray, Allison, Dave, George, Kyle, and Hilary who all brought home ribbons from the show. Thank you to Becky, Marista, Sarah, Allison, Johanna, Jackie, Dave, and Jamie who all volunteered for the show.

Western Day marked the end of the spring session. 14 students demonstrated their talents. One student who started riding in May was inspired by watching another student during the demonstration. He said, "When can I ride like that!"

The summer session student total is 30 students. Less students meant more time to go through the waiting list and give evaluation rides for pending students. To avoid the heat our summer hours started early 7:30 am and ended late 6:30 p.m.. Thanks to everyone who rearranged their schedules to accommodate these hours. It was nicer on the horses and a bit cooler. The August 19 playday marked the end of the Summer Session. Happy Labor Day and see you in the fall. The Fall session starts **September 9**.

Kids Corner:

Dear Sponsors of the B.O.K. Ranch, I thank the B.O.K. Ranch for helping me. They are all great. They really know what's best for us. I really enjoy it at the B.O.K. Ranch because it is a special place to me and to other people too. They are very lov-

ing and sweet and know what you need. All the time when I go, I improve a lot. Horseback riding helps me get my legs back on the horse. I'm getting there, I try my hardest to do it well. Thank you B.O.K. Ranch you really help me a lot, thank you. Sincerely,

Pilar Hazin (16 year old student)

Joe Who?

Who is Joe? A new therapy horse in training for 3 months. Donated by Rodger and Mary Ann Schroder. Look for details in our next B.O.K. Briefing.

Official Welcome to Judy Campbell

This year, Judy, who is the Adapted Physical Education Teacher at Morgan Center School has come aboard as our assistant instructor for B.O.K. Ranch. Judy helps one afternoon a week with Carol and is a terrific asset to the program. With Judy's help the students receive maximum attention and progress rapidly in their riding skills. With 15 years of experience working with the disabled population, she brings helpful insight and lots of enthusiasm to lessons at B.O.K. Ranch.

Testimony from a volunteer

By **Becky Schlegelmilch:**

When I first started volunteering for B.O.K. Ranch I didn't know if I could handle it. I was afraid that I wouldn't know how to do anything. On the first day I didn't know anything about horses or working with students with disabilities. Then I met Carol and she taught me everything step by step. The second time I went I felt comfortable knowing what I knew. Carol taught me a lot and so

B.O.K. BRIEFING

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of the kids. I have worked the most with Shannon. She is a great student and a great friend. She surprises me everytime she rides. One day she'll be trotting, and the next time she will be jumping. It is amazing. Shannon tries very hard and it pays off. She has come a long way in the little time that I have known her. I'm proud of her and the other students who ride each week. I strongly recommend volunteering for anyone who likes working with kids and horses. Like me, you don't need to have previous experience. You can learn on the job.

Thank you B.O.K. Ranch.

From Becky Schlegelmilch (15 year old volunteer who began volunteering in March 1995)

WANTED - VOLUNTEERS LIKE THESE

B.O.K. Ranch needs you to volunteer. Without volunteers B.O.K. students could not ride. Volunteers need not have any previous horsemanship knowledge. They range from teenagers to senior citizens. All that is required is a good attitude and a commitment to volunteer one day a week for a 6 week session of lessons. Training is provided for volunteers to acquire the knowledge and skills necessary.



Vivien Marsh-- 1995 Volunteer of the Year



Rebecca Day -- 1995 Jr Volunteer of the Year

Congratulations Vivien Marsh and Rebecca Day for receiving award of Volunteer of the year 1995.

Vivien and Rebecca have both consistently donated their service for over 3 years.

Donations

A big thanks to:

Joan Grimsby
 Jesse Gillis
 Jane Pharr
 The Olsson Family
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 Dan Alexander
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 Malinda Antonik
 Steve, Joyce & Lexie Timpson
 Pamela Boyle

Our Thanks to volunteer Rebecca Day for her wonderful 4/H display at San Mateo County Fairgrounds which gained her second place and B.O.K. a lot of publicity.

B.O.K. Wish List

- Horse sponsorship for Joe, our new horse.
- People to help with fundraising (e.g. grant writing).
- Repelex fly spray.
- Bag of equine senior pellets.
- Dedicated volunteers.

Congratulations!

To Deborah Van Buren and Arnold Owns who were married January 1st 1995. Deborah was the physical therapist for B.O.K. Ranch from 1990 to 1993.

Farewell Charles

Our best wishes to volunteer Charles Stephenson who left us to explore Europe and the rest of the world! Charles was last sighted in Strasbourg, Austria.